

Unit Title: **Counselling Practicum**

Please note that this unit is expiring from any new learner registrations on 31/12/2019. Please contact AIM Awards for information on replacement qualifications on 01332 341822.

| | |
|-------------------------------|-----------------------------------|
| Unit Level: | Four |
| Unit Guided Learning Hours: | 75 |
| Ofqual Unit Reference Number: | D/506/3058 |
| Unit End Date: | 31/12/2019 |
| Unit Sector: | 1.3 Health and Social Care |

Unit Summary

The aim of this unit is to enable learners to record and evaluate 50 hours of their own counselling practice. They will learn about and demonstrate working within an ethical framework using appropriate counselling supervision. They will be able to reflect on and evaluate the development of their self-awareness as a result of clinical practice.

Unit Information

It is expected that before the unit is delivered, the tutor will have read the Qualification Specification to ensure all conditions regarding Rules of Combination, delivery, assessment and internal quality assurance are fulfilled. Additional guidance is available below as Assessment Guidance for Learning Outcomes and Assessment Criteria in **bold**.

This unit has 3 learning outcomes

| LEARNING OUTCOMES | ASSESSMENT CRITERIA |
|--|--|
| The learner will: | The learner can: |
| 1. Understand working within legal and ethical requirements as a counselling practitioner | 1.1. Demonstrate knowledge and understanding of a professional ethical framework and its application to counselling practice 1.2. Respond effectively to complex client issues and ethical dilemmas 1.3. Describe the key professional issues arising in the counselling placement |
| 2. Understand the key professional issues arising in the counselling placement | 2.1. Demonstrate the use of counselling supervision 2.2. Evaluate the effects of using counselling supervision on own practice |
| 3. Understand how developing self-awareness can contribute as a counselling practitioner | 3.1. Evaluate how developing self-awareness can contribute to the effectiveness of the therapeutic relationship and process |

Unit Title: **Counselling Practicum**

Please note that this unit is expiring from any new learner registrations on 31/12/2019. Please contact AIM Awards for information on replacement qualifications on 01332 341822.

Assessment

This unit is assessed by:

- a supervisor's report that evidences a counselling placement of at least 50 hours.
- a report of Study of Supervised Practice which must be approximately 3000 words in length.

Indicative Content

Learning Outcome 1

Legal and ethical requirements: the difference between a legal and ethical requirement.

Ethical decision making

- determining responsibility
- researching relevant guidelines
- identifying and taking best course of action
- evaluation.

Counselling, confidentiality and the law

- contracts
- duty of care
- liability
- risk management
- access to Records
- working in a multidisciplinary team.

Learning Outcome 2

2.1 Counselling supervision:

- identify the model of supervision being used
- decide about issues to take supervision
- identify the learning gained from supervision
- evaluate the subsequent impact on their client work.

Learning Outcome 3

Self-awareness:

- examine the underlying values and assumptions they are taking into their client work
- consider and discuss the power they potentially wield as counsellors
- begin to make use of their own reactions and responses to clients in choosing interventions
- understand the importance of self-care

Unit Title: **Counselling Practicum**

Please note that this unit is expiring from any new learner registrations on 31/12/2019. Please contact AIM Awards for information on replacement qualifications on 01332 341822.

Evidence Requirements

Evidence of practical ability must be demonstrated.

Reading List

Required Reading

Bond, T. (2009) **Standards and Ethics for Counselling in Action** (3rd Ed). London: Sage.

Feltham, C and Horton, I (2012) **The SAGE handbook of Counselling and Psychotherapy** (3rd Ed). London: Sage. Part IV

Jenkins, P. (2002) **Legal Issues in Counselling & Psychotherapy**. London: Sage.

Recommended Reading

BACP Information Sheets :

G1 Access to Records of Counselling and Psychotherapy

G2 Breaches in Confidentiality

P4 Guidance for Ethical Decision Making

T3 Guidance for Trainee Placements

Mitchels, B. and Bond, T. (2010) **Essential Law for Counsellors and Psychotherapists**. London: Sage.