

Unit Title: **Counselling: Sex and Sexuality**

Please note that this unit is expiring from any new learner registrations on 31/12/2019. Please contact AIM Awards for information on replacement qualifications on 01332 341822.

Unit Level:	Four
Unit Guided Learning Hours:	60
Ofqual Unit Reference Number:	L/506/3119
Unit End Date:	31/12/2019
Unit Sector:	1.3 Health and Social Care

Unit Summary

This unit will provide learners with the skills, knowledge and understanding needed for this special area of practice. Learners will consider the particular issues counsellors confront when working with sex and sexuality in particular.

Unit Information

It is expected that before the unit is delivered, the tutor will have read the Qualification Specification to ensure all conditions regarding Rules of Combination, delivery, assessment and internal quality assurance are fulfilled. Additional guidance is available below as Assessment Guidance for Learning Outcomes and Assessment Criteria in **bold**.

This unit has 5 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the theoretical models of sexuality	1.1. Clarify the terms: <ul style="list-style-type: none"> (a) sex (b) sexuality (c) sexual orientation (d) gender 1.2. Critically compare the key components of models/theories associated with sexual identity 1.3. Summarise the key ideas that the major schools of counselling and psychotherapy hold in relation to sexuality

Unit Title: **Counselling: Sex and Sexuality**



Please note that this unit is expiring from any new learner registrations on 31/12/2019. Please contact AIM Awards for information on replacement qualifications on 01332 341822.

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
2. Understand the context of sexual and sexual identity issues in a counselling relationship	2.1. Illustrate the use and application of counselling skills for people with sexuality issues 2.2. Assess the use and application of counselling skills for people with sexuality issues
3. Understand ethical practice when working with people who have sexual issues	3.1. Review key challenges when working with people who have sex and sexuality issues
4. Understand risk management in a counselling interaction	4.1. Assess potential key risks to the: (a) counsellor (b) client
5. Know about an awareness of self in relation to others when working with sexual identity	5.1. Identify ways in which self-awareness has developed when working with sexual identity

Assessment

This unit is assessed by an internally set and assessed journal of up to 800 words per session.

Indicative Content

Learning Outcome 1

Theoretical models of sexuality: contributions of Krafft-Ebing, Kinsey, Masters and Johnson. Development of Lesbian and Gay identities – work of Cass, Troiden and Coleman.

1.3 Major schools: psychodynamic/humanistic/ Cognitive-behavioural views of sexual development and sexual identity development.

Learning Outcome 2

Context of sexual and sexual identity issues in a counselling relationship:

- Challenges of working with young people in this area- Gillick competence/ informed consent/ legal issues. Counselling skills appropriate to the

Unit Title: **Counselling: Sex and Sexuality**



Please note that this unit is expiring from any new learner registrations on 31/12/2019. Please contact AIM Awards for information on replacement qualifications on 01332 341822.

importance of language and clarity - euphemisms and slang as a way of managing embarrassment and shame vs medical/biological terminology.

- Common psychosexual problems – need for specialised referral for specific treatment/underlying medical investigations.

Learning Outcome 3

Ethical practice: ethical constraints from professional bodies around reparative or conversion therapies – potential for clients from ex-gay ministries.

Reading List

Required Reading

Davies, D and Neal, C. (Eds) (1996) **Pink Therapy**. Buckingham: Open University Press.

Denman, C (2004) **Sexuality: a biopsychosocial approach**. Basingstoke: Palgrave Macmillan.

Nye, R. (Ed) **Sexuality**. Oxford: Oxford University Press.

Ritter, K and Terndrup, A. (2002) **Handbook of Affirmative Psychotherapy with Lesbians and Gay Men**. New York: Guildford Press.

Recommended Reading

Carson, Michael. (1988) **Sucking Sherbet Lemons**. London: Victor Gollanz.

Chapman, R and Rutherford, J (Eds) (1988) **Male Order: unwrapping masculinity**. London: Lawrence and Wishart.

Eugenides, Jeffrey. (2002) **Middlesex**. London: QPD.

Feinberg, Leslie. (1993) **Stone Butch Blues**. New York: Firebrand Books.

Gamson, J (1998) **Freaks Talk Back: tabloid talk shows and sexual nonconformity**. Chicago: University of Chicago Press.

Hornby, Nick. (2007) **Slam**. London: Penguin.

Maier, T (2009) **Masters of Sex: the life and times of William Masters and Virginia Johnson**. New York: Basic Books.

Sampson, Kevin. (2009) **Awaydays**. London: Vintage.