

Unit Title: Managing Symptoms in End of Life Care
Unit Level: Three
Unit Credit Value: 3
GLH: 22
AIM Awards Unit Code: PT2/3/EA/004
Unique Reference Number: Y/503/8644

This unit has 4 learning outcomes.

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the effects of symptoms in relation to end of life care	1.1. Identify a range of conditions where you might provide end of life care 1.2. Identify common symptoms associated with end of life care 1.3. Explain how symptoms can cause an individual distress and discomfort 1.4. Evaluate the significance of the individual's own perception of their symptoms
2. Be able to manage symptoms of end of life care	2.1. Demonstrate a range of techniques to provide symptom relief 2.2. Describe own role in supporting therapeutic options used in symptom relief 2.3. Respond to an individual's culture and beliefs in managing their symptoms 2.4. Actively support the comfort and well being in end of life care 2.5. Recognise symptoms that identify the last few days of life may be approaching

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LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
3. Know how to manage symptoms of pain	3.1. Identify signs that may indicate that an individual is experiencing pain 3.2. Describe factors that can influence an individual's perception of pain 3.3. Describe a range of assessment tools for monitoring pain in individuals, including those with cognitive impairment 3.4. Explain how to maintain regular pain relief
4. Be able to integrate symptom management in the care planning process	4.1. Explain how symptom management is an important part of the care planning progress 4.2. Regularly monitor symptoms associated with end of life care 4.3. Report changes in symptoms according to policies and procedures in own work setting 4.4. Support the implementation of changes in the care plan

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ASSESSMENT INFORMATION

Specific Requirements for Assessment and delivery of this unit.

ASSESSMENT AND DELIVERY INFORMATION

Centre devised assessment tasks should be approved by the internal verifier for the course before delivery takes place in order to ensure the assessment is fit for purpose and meets the standards required.

Unit Summary

The unit provides the learner with the skills required to managing symptoms in end of life care, through monitoring systems and using and adapting a care plan.

Assessment requirements/recommendations

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Indicative Content

Learning Outcome 1

1.1 Conditions, for example, chronic obstructive pulmonary disease, heart conditions, organ failure.

1.2 Symptoms includes anything that might hinder the well being of an individual and is not confined to medical symptoms.

They may include physical, emotional or psychological symptoms and includes maintaining comfort and well being e.g. nausea / vomiting, constipation, agitation, restlessness, reduced tissue viability, breathlessness, loss of appetite, fatigue, anxiety, sadness, discomfort, pain, respiratory tract secretions.

Learning Outcome 2

2.2 Therapeutic options may include: syringe drivers, artificial hydration and nutrition, medication administration, oxygen therapy, intravenous infusions, subcutaneous infusions, complementary therapies, community or practical support, hormone therapy,

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surgery, physical therapies, counselling, spiritual support, social workers, spiritual support.

Delivery Requirements/Recommendations

Assessment tasks will be devised to meet needs of the learning group and to cover all the criteria.

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Owner:	Ascentis
Unit Grading Structure	PASS
Sector Subject Areas (SSA)	1.3 Health and Social Care
Unit Review Date	31/03/2017
Availability for Use	Shared
Restricted organisations	N/A
Assessment Guidance	This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles
Equivalences	N/A